

RFS 25-80876
Regional Recovery Hubs
Attachment D - Technical Proposal Template

Overview:

Request for Services (RFS) 25-80876 is a solicitation issued by the State of Indiana in which organizations are invited to compete for the contract amongst other respondents in a formal evaluation process. Please be aware that the evaluation of your organization's proposal will be completed by a team of State of Indiana employees and your organization's score will be reflective of that evaluation. The evaluation of a proposal can only be based on the information provided by the Respondent in its proposal submission. Therefore, a competitive proposal will thoroughly address all components of the Scope of Work (SOW) (Attachment A). The Respondent is expected to provide the complete details of its proposed operations, processes, and staffing for the Scope of Work detailed in the RFS document and supplemental attachments.

Instructions:

Respondents shall use this template (Attachment D) to prepare their Technical Proposals. In their Technical Proposals, Respondents shall describe their relevant experience and explain how they propose to perform the work, specifically answering the prompts in the template below.

Please review the requirements in Attachment A (Scope of Work) carefully – the requirements in the Scope of Work should inform how Respondents complete their Technical Proposals in this template as the “Sections” referenced below correspond to the sections in the Scope of Work.

Respondents should type or paste their text in the provided yellow boxes which appear below the question/prompts. Respondents are allowed to reference attachments or exhibits not included in the boxes provided for the responses, so long as those materials are clearly referenced in the boxes in the template. The boxes may be expanded to fit a response.

For all areas in which subcontractors will be performing a portion of the work, clearly describe their roles and responsibilities, related qualifications and experience, and how Respondents will maintain oversight of the subcontractors' activities.

RESPONDENT NAME:

Scott County THRIVE INC.

REGION RESPONDENT PROPOSES TO SERVE:

Region #6

SOW Section 1-3 - Overview of Project

- a. Provide a high-level summary of how you will execute the responsibilities of a Regional Recovery Hub. Please explain how your experience positions you as the ideal choice for maintaining peer support services as a Hub.

THRIVE was the first Certified Recovery Community Organization in the state of Indiana. THRIVE has been the Anchor Hub for the Southeast Region overseeing 21 counties for the DMHA/IRN Regional Recovery Hub program that started in 2020. THRIVE was the overseer of two Hubs in our region (1Voice and Connections Café). THRIVE maintained a great professional relationship and collaboration with not only the hubs we overseen but with all anchor sites and recovery hubs through the Regional Recovery Hub program throughout the state.

SOW Section 4 and 5 – Desired Contractor Experience, Region and Mandatory Minimum Requirements

- a. For your region, describe any experience managing the direct delivery of peer recovery services, including experience as an active Recovery Community Organization (RCO). Highlight any subject matter expertise you have, especially in mental health, substance use recovery, and recovery-oriented systems of care.

THRIVE has managed services covering 10 counties in the southeast region for over four years. THRIVE was the original Certified RCO in the state and continues to be a model for peer support services. THRIVE employees over 25 peer support professional working directly in the counties in the southeast region. We are embedded in every problem-solving court within our 10 counties. We are working in five Jails throughout our communities, we have full-time staff in Floyd/Clark probation/community correction and with three hospital systems Norton and Floyd Baptist.

THRIVE has five peer supports trained in mental health facilitation, such as Alt2su groups. As well as certifications in Mental Health endorsements with their credentials.

Out of 31 Full-time employees, 28 (4 of those are in training, or waiting to test) are being certified in peer support services. With everyone who is employed has lived experience with SUD/MH. THRIVE peers' also go through Mental Health first Aid training, (QPR) Question Persuade Refer, as well as continued professional skills development with Cultural Humility and Cultural Competency.

Scott, Clark, and Floyd County have all conducted TI-ROSC trainings with THRIVE as a partner to bring our communities together for all individuals reaching out for assistance.

- b. Describe any experience developing and maintaining relationships with non-profit organizations, including coordinating linkages to care for individuals across different systems. Please explain how you will leverage current relationships to ensure individuals receive the necessary services. Please identify how this work will be done for your proposed region.

THRIVE works closely with non-profits and additional systems. THRIVE is a contracted DCO (covering 7 counties) for Centerstone (CCBHC) and Lifespring (covering 11 counties) (CCBHC).

THRIVE attends Suicide Overdose Fatality Review teams (SOFR), in Clark, Scott and Floyd. We attend local LCC and Coalition meetings in Scott, Clark, Floyd, Bartholomew, and Jennings/Jackson.

THRIVE grass roots efforts and relationships are our core values of working in partnership with Recovery Oriented Systems of Care. Bridging services within our communities for individuals to access care and treatment.

- c. Describe any experience collecting and reporting data on peer recovery activities, outcomes, and impact. Briefly explain your experience operating and reporting data in RecoveryLink.

THRIVE has maintained all required documentation and reporting to DMHA for multiple years. Our reports are accurate and completed in a timely manner. THRIVE has been one of the initial CRCO's to get trained and work within RecoveryLink. Precise documentation and fidelity of records has kept THRIVE as a standard for CRCO's in our state.

SOW Section 6 – Peer Services and Supervision

- a. Please provide an estimate for the total annual amount of funds required to complete the duties listed in Section 6 of the SOW. This total should include the amount you would need from the State as well as the amount you might obtain through other sources. This estimate should exclude any administrative or costs required to maintain certified peers.

The State may utilize the estimates supplied to determine the resources needed for each region in the State. The ultimate amount for these services in each Hub's contract will be determined during contract negotiations.

\$1,265,472.00

- b. Please indicate if your organization is currently receiving any alternate funding source(s) to provide peer recovery services and the annual amount received. Please describe how you anticipate utilizing alternate funding source(s) to complement funds awarded through this RFS.

**We receive fee for service from Recovery Works.
DMHA grant for 10 counties contract that deadlines Dec 31, 2024 (6 months \$217,171.00).
Floyd Memorial Grant for one FTE in Floyd County. Deadline Dec 31, 2024 (\$68,425.00).
MHAI IDH grant for Rural Peer infrastructure. Deadline Sept 30th, 2024 (\$38,700.00).**

- c. Please complete the following table and provide your best estimate for the monthly average / amount of certified peers needed for your selected region. This includes: the estimated number of full-time and part-time certified peers needed to provide adequate

peer support service for your region, and the average wages you propose to pay them (including benefits if applicable).

Position	Number of Proposed Monthly Part-Time Employees (PTEs)	Number of Proposed Monthly Full-Time Employees (FTEs)	Average Hourly Pay (including benefits if applicable)
Certified Peer(s)		19	28.60
Peer Supervisor(s)		2	32.50

- d. Please explain your experience with peer services. Please explain how your experience informed your above estimates.

THRIVE has been delivering peer support service since 2017. THRIVE peer supports are embedded and intertwined in judicial problem-solving courts, jail programs and community partnerships, some communities need multiple coaches. Depending on population and engagement with individuals and organizations.

We took the current state of involvement per county and communities. Clark, Johnson, Floyd, Jefferson ranges from 80,000 to 165,000 in population and services available for peers to work in partnership. I believe this number is bare minimum. In the next few years additional peer supports will be needed, additional community grants, and recovery will help supplement these areas.

- e. Describe how the peer supervisor(s) will oversee the certified peer(s) employed by the Hub. Please refer to Section 6.a.iii of the Scope of Work (Attachment A) for more details on peer supervision duties.

THRIVE holds supervision to the highest of standards. A high number of peer credentials require 1hr of group or individual supervision per week. THRIVE has a mandatory 1hr group and 1hr individual supervision weekly. With additional supervision as needed. THRIVE currently has five certified peer support supervisors. We also have two community managers to best support our community-based peers.

- f. Please describe how you will ensure ethical services are provided and staff understands the peer support professional code of ethics and its implications.

THRIVE keeps ethical conversations and standards as a forefront for our mission. Ethics are discussed at each group supervision and one-on-one supervision. We address Ethics in our all staff meeting once a month as well as as needed conversations. Ethic breaches have been reported by management in a timely and

quickly manner, not only to the proper management and credentialing board.

SOW Section 7 – Peer Workforce Development

- a. Describe the peer supervision and support system you will establish for certified peer(s). This should include but is not limited to, the frequency of regular one-on-one supervision sessions, the content of supervision sessions, and additional support services for staff.

THRIVE currently has five certified peer support supervisors. We also have two community managers to best support our community-based peers.

One-on-one supervision is required on a weekly basis. Topics covered at minimum are as follows:

Ethical situations

Caseloads

Self-care

Boundary issues

Group supervision is required weekly, after each group supervision a peer has chosen a pre-determined topic and activity that they bring to the group for an exercise. This helps build teamwork, trust, boost morale and have fun.

We also have implemented a monthly all staff day. We meet for updates from all department heads, eat together, and for the last 1.5hr. no phones/work conversations just socializing.

SOW Section 8 – Additional Programming Support

- a. Describe any existing relationships with Opioid Treatment Programs (OTPs) and medication providers in the proposed region, including challenges and opportunities to continue developing relationships. If not applicable, please explain how you will establish these relationships.

Acadia in Clark County has opened their doors to have THRIVE come in and speak with individuals during work hours. We also collaborate in community events and warm handoffs. We will extend more services to OTP in Jackson County and hope to assist in additional gaps in services.

- b. Describe any existing relationships with local jails and Integrated Reentry and Correctional Support (IRACS) programs in the proposed region including challenges and opportunities to continue developing relationships. If not applicable, please explain how you will establish these relationships.

THRIVE was an original IRACS site in Scott County in 2021. In January 2024 we launched an additional site in Clark County. We are also working part time in the Jennings County Jail, with a group a week and re-entry assistance after group. Floyd County jail part-time with re-entry assistance, Harrison County Jail with a group a week and re-entry assistance.

We look to expand services within our covered counties with bringing additional peers to help with community capacity.

- c. Describe how you will establish and/or maintain relationships with the Indiana Department of Corrections (IDOC), trauma informed recovery-oriented systems of care initiatives, local syringe service programs, harm reduction organizations, recovery community organizations, and other recovery services in the proposed region.

We have been working with DOC through IRACS and that has given our community coaches the ability to also have referrals to assist when individuals are released. We have numerous referrals that have come directly from IDOC from case management. We can always expand and work on streamlining processes.

- d. Describe how you will support all pathways to recovery for individuals that are seeking support.

THRIVE's mission to serve all individuals in their self-directed pathways. We are a judgmental free community services for all walkways. From harm reduction, moderation use, abstinence and much more. THRIVE holds weekly peer circles for all individuals to be supported in their pathways.

- e. Please describe how you will ensure the availability and distribution of harm reduction supplies such as Narcan and fentanyl testing strips to those in need.

THRIVE has 17 Narcan distribution boxes, vending machines, testing strips and access points in our communities. Outreach as well in multiple counties Scott, Clark, and Floyd with pop-ups and unhoused population visits.

- f. Please indicate whether you'd like to serve as a Contractor furnishing peer recovery services for Indiana's 2-1-1. If applicable, please describe how many certified peers you plan to utilize in servicing the 2-1-1 phone line. Please indicate what the hourly cost for this service would be.

Please note - an indication of interest to provide these services does not necessarily mean that the State will select you to provide these services. The number and identity of which Hubs will provide services to 2-1-1 shall be a negotiated element of the final contracts and a decision made at the State's discretion.

Please also note - a Respondent may decline to offer to furnish these services in this box without penalty. This is a separate element from a proposal's evaluation.

We have been delivering peer support through 2-1-1 on weekends since FSSA took 2-1-1 over. We would like to continue this service and expand our help in this service.

Two peers support professionals should always cover the phone lines. Hourly rate of \$22. Having a voicemail or waiting for a call back can be the difference in

connecting individuals when the ask meets the need. With taking QPR and MH first aid.

SOW Section 9 – Referral Process

- a. Describe your proposed process for making a warm handoff to a formalized partner when a participant's needs cannot be fully met by your organization. Please highlight any relevant experiences with warm handoffs and coordinating referrals with partners.

Identify potential reputable partners, by choosing ones that are aligned with the individual's needs and can provide the necessary support. Obtain individuals consent (ROI/verbal), establish communication with partner to introduce the recoveree. Explain the reasons for the referral and ensure that the recoveree understands the process. After making the referral, follow up (if permission was granted) with recoveree and organization if needed to ensure transition is successful.

On occasion individuals come for peer support services and identifying trauma events (while openly speaking with peer professionals) and looking to process with a peer support. We refer to job descriptions/roles and ask if individuals would like to speak with someone with the proper training and education to help you with this barrier.

- b. Identify any referral partners that will be contracted for this project. Be sure to clearly describe their roles and responsibilities, related qualifications and experience, and how you will maintain oversight of the subcontractors' activities.

**Recover Out Load, Bartholomew County, to assist with local peer supports.
Holding Space Recovery Project, Scott County, to assist with any local peer supports.
Upstream in Johnson County, to assist in community-based coaches with local peers.**

SOW Section 10 – Ridesharing Services

- a. Please propose an estimated total monthly cost to coordinate and provide ridesharing services for one (1) month. Please provide a narrative explaining the various factors contributing to the estimated monthly cost. If your region includes public transportation detail how you will leverage this resource to serve your clients.

\$7,500 monthly stipend. We have been contracting with Lyft for over a year. Averaging 230-300 rides per month. Rural counties, and outliners have a very hard transportation issue. Even in larger communities' public transportation can be non-reliable. We have experienced on multiple months were running out of Lyft funds especially for individuals with MAR/OTP, doctor, probation and so forth can put individuals back in uncomfortable scenarios.

We always work to make sure Lyft is last resort. Medicab, TARC, TARC on demand, and additional resources are explored. Working with individuals to understand bus schedules and how to access bus passes is essential.

SOW Section 11-12 – Data Requirements & Project Management

- a. Describe your approach to project management. Identify a Regional Recovery Hub Liaison, as described in Section 12.a of the Scope of Work (Attachment A). Please describe their experience with project management and attach their resume to your submission, if applicable.

Define SOW and objectives, communication plan, monthly reporting for data input deadlines, review progress, discuss challenges, monitor and evaluate performances. Solicit feedback from team members.

THRIVE has strong project management skills. Overseeing 21 counties with two hubs for reporting. We would compile all information and input data to complete our requirement as an anchor site.

In 2023 THRIVE contracted directly with DMHA and has stayed in compliance within all guidelines and requirements for effective project management.

Krisann Bostic is our community manager for project management for our DMHA grant and additional contracted services.

- b. Describe your preferred approach to coordination and collaboration with DMHA.

THRIVE currently holds a monthly check in with DMHA Bureau Chief of Recovery. I believe also have a monthly meeting with all ten area HUBS to keep unity, communication, partnership, brainstorming and collaboration together.

- c. Confirm your commitment to meet all reporting, meeting, and project management requirements outlined in Section 12 of the Scope of Work (Attachment A).

THRIVE is committed to meeting all reporting, meetings, and project management requirements. (outlined in section 12 of the SOW)